

HEATHER LEE WILKINSON

EDUCATION

ACADEMY OF INTEGRATIVE HEALTH AND MEDICINE

February 2016 to January 2018.

Accepted into the Fellowship's inaugural class to establish integrative medical care.

TOUCHED BY A HORSE

July 2014 to April 2015.

Two year certification program in Equine Gestalt Coaching Method®

HACKETT HEMWALL FOUNDATION

March 2012: Honduras.

Intensive 2 week Prolotherapy training program: clinical and didactic.

January 2013: Guadalajara.

One week prolotherapy Brigada

HELMS MEDICAL INSTITUTE

December 2010 to May 2011.

Medical Acupuncture for Physicians: 300 hour course, Pain Management Pathway
September, 2011.

Chinese Scalp Acupuncture: 20 hour course in application and use

CERTIFICATION

BLS, former BLS-Instructor

ACLS, former ACLS-Instructor

PALS, former PALS-Instructor: expired.

Advanced HAZMAT, Advanced HAZMAT-Instructor : expired

ATLS, former ATLS-Instructor

AMERICAN BOARD OF MEDICAL ACUPUNCTURE

May 2012.

Board Certified in Medical Acupuncture

AMERICAN BOARD OF INTEGRATIVE HOLISTIC MEDICINE

November 2013.

Board Certified in Integrative Holistic Medicine

AMERICAN BOARD OF EMERGENCY MEDICINE

June 2006.

Board Certified in Emergency Medicine

October 2012.

Fellow, American College of Emergency Medicine

January 2016-2027.

Re-certification of Emergency Medicine Board.

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WILLIAMS COLLEGE

BA, History/Pre-Medical: August 1992 to June 1996.

Dean's List.

June 2016 to June 2021

Nominated and elected Vice President of the Class for 5 year term.

BRODY SCHOOL OF MEDICINE EMERGENCY MEDICINE RESIDENCY

Pitt County Memorial Hospital: July 2002 to June 2005.

ECU Emergency Medicine 2004 Best in Class Documentation Award

Presentations:

Thrombolytics in Acute Coronary Syndromes

RSI by Paramedics

Toxicology Grand Rounds: Ricin as a Bioterrorist Agent

When You Ain't Sweet Enough: Overdoses of Oral Hypoglycemics

Electrolyte Emergencies

Case Presentations:

Tylenol Overdose

Salicylate Overdose

Organophosphate Poisoning

Resident Wellness Committee: Founding member; responsible for improving quality of resident life and survey for potential future changes in residency; liaison with Faculty Wellness Committee; plan bimonthly activities.

Research Projects:

Use of Magnesium on Hyperkalemic Patient with Torsades de Pointes

Publications:

Are the "Life Support" Courses Updated? An Evaluation of Their Literature Base. *Academic Emergency Medicine*. Acad Emerg Med. 2006 May;13(5):580-4.

Asthma Protocols for the ED 2004: collaboration with the Chief Respiratory Therapist

Presentations:

Southeastern Regional SAEM Meeting: Are the Life Support Course Up to Date? (April 8-9, 2005: Chapel Hill, NC)

PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE

August 1998 to June 2002

Activities: Leader of daily note service for 250 students; overseer of all aspects of the service: scheduling, taping, printing service, distribution, and quality. Appointed by peers with honorarium.

Member of ΣΣΦ Honorary Osteopathic Service Fraternity: membership based upon high level of both academic and community service achievement.

Co-producer of student fundraising revue "Follies" for The American Cancer Society; coordinated all technical and financial aspects of the production.

Tour guide for prospective students.

Co-author and presenter of Poster Presentation on anabolic steroid abuse.

Club Membership and participation: Pediatrics, Emergency Medicine, Internal Medicine, Sports Medicine, Surgery, Follies, Habitat for Humanity, UAAO, AMA,, and ACEP.

PROFESSIONAL ORGANIZATIONS

American Medical Association: *member since 2002*

Society for Academic Emergency Medicine: *member since 2002*

American College of Emergency Physicians: *member since 2002*

member of critical care section since 2004

member of resident section since 2002

American Academy of Emergency Medicine: *member since 2002*

American Academy of Medical Acupuncture: *member since 2011*

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EMERGENCY MEDICAL TECHNICIAN

Basic-MAST, June 1996. National Certification, 1997.

ACTIVE MEDICAL LICENSURE:

North Carolina

South Carolina

Nebraska

California: Inactive

Maryland

Iowa: Inactive

WORK EXPERIENCE

WINDHORSES HEALING LLC: DERMA MEDICAL AESTHETICS, KIAWAH ISLAND, SOUTH CAROLINA. *Owner and Physician, Medical Acupuncture and Holistic Medicine and Equine Gestalt Coaching, August 2014 to Present.*

WALTER REED NATIONAL MILITARY MEDICAL CENTER: BETHESDA, MARYLAND. *Providing Medical Acupuncture for the Wounded Warrior Pain Care Initiative, locum tenens, September 2013 to September 2015.*

VISTA STAFFING SOLUTIONS: CAPE FEAR HOSPITAL, FAYETTEVILLE, NORTH CAROLINA and THE OUTER BANKS HOSPITAL, NAGS HEAD, NORTH CAROLINA. *Attending physician, locum tenens, March 2009 to June 2009.*

PREMIER HEALTHCARE SERVICES: HILTON HEAD REGIONAL MEDICAL CENTER, HILTON HEAD ISLAND, SOUTH CAROLINA. *Attending physician, March 2007 to March 2009.*

PREMIER HEALTHCARE SERVICES: MERCY HOSPITAL, COUNCIL BLUFFS, IOWA. *Attending physician, July 2005 to December 2006.*

PREMIER HEALTHCARE SERVICES & ALEGENT HEALTH:

Patient Satisfaction, Press Ganey 2005: top 5% nationwide and top 10 physicians at Alegent Health.

PREMIER HEALTHCARE SERVICES: DOCUMENTATION.

Documentation: January 2006 to December 2007.

Meet with physicians and extenders to analyze and improve reimbursement and documentation.

ROANOKE CHOWAN HOSPITAL, AHOSKIE, NORTH CAROLINA

Per Diem Physician in the Emergency Department: August 2004 to June 2005.

ST. VINCENTS PSYCHIATRIC HOSPITAL, HARRISON, NEW YORK

Psychiatric Technician, January 1997 to June 1997; September 1997 to May 1998.

HEATHER LEE WILKINSON

Aided doctors, nurses, and patients with daily tasks. Led therapy group sessions. Worked in all units: inpatient and outpatient; geriatric; acute; chronic; and substance abuse rehabilitation.

CM RANCH, DUBOIS, WYOMING

Kiddie Wrangler/Wrangler; June to September 1993 to 1999.

Taught children, ages 4-18, and adults how to ride horses. Led daily horseback rides for children and adults; brushed, saddled, jingled, and doctored horses. Assist in basic maintenance of ranch property.

SPOTLIGHT GYMNASTICS, BRONXVILLE AND PELHAM, NEW YORK

Gymnastics Coach and Instructor; September 1991 to August 1992.

Worked with children ages 4-18 teaching fundamentals. Coached USGF team.

WILLIAMS COLLEGE HEALTH CENTER, WILLIAMSTOWN, MASSACHUSETTS

Health Aide; September 1995 to June 1996.

Changed units, prepared food trays, assisted nurses, and was available to patients.

PROFESSIONAL BARTENDER'S SCHOOL, ARLINGTON, VIRGINIA

Graduate and TAM Nationally Certified

Chief Bartender at Café Riviera in Washington, DC: *September to December 1996.*

SKILLS

HEALING HORSES, Fort Mill, SC.

Worked with rescued abused and traumatized horses: feeding, training, restoring trust, and coordinating fundraising events, 2009-2013.

WILLIAMS COLLEGE, Williamstown, MA.

Organized and coordinated an extracurricular EMT course. Petitioned the College and the course was made part of the curriculum.

VILLAGE AMBULANCE, Williamstown, MA.

Rode as third person and assisted EMTs.

NORTH ADAMS EMERGENCY ROOM, North Adams, MA.

Spent one month observing in the ED.

PROVIDENCE HOSPITAL, Washington, DC.

Spent two months observing mainly in ICU. Also experienced ED, OR, and Neonatal ICU.

COMBINATION PIZZA, Williams College, Williamstown, MA.

Four year member of improvisational group. Treasurer and Co-President 1995-96.

PELHAM FIRE DEPARTMENT, Pelham, NY.

Volunteer firefighter and EMT. Received Citation of Bravery for participation in battling a 6-alarm blaze in 1998.

HABITAT FOR HUMANITY, Williamstown, MA; Orlando, FL; Philadelphia, PA; Greenville, NC; and Omaha, NE.

Volunteer for non-profit organization building houses for the homeless. Learned basic carpentry and roofing skills.

HOUSING COMMITTEE, Williams College, Williamstown, MA.

Met weekly to coordinate all campus social events, as well as having input into major college decisions.

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HOUSE OFFICER, Williams College, Williamstown, MA.

House President and Social Chair, Currier House, 1996. Coordinated various house activities, including campus-wide functions and functions occurring in house ballroom.

Vice President, Carter House, 1994. Aided President in arranging house activities.

Treasurer, Carter House, 1995. Managed house financial funds.

THEATRE PRODUCTIONS, Williams College, Williamstown, MA.

Directed, acted, and danced in campus musical productions.

WILLIAMS COLLEGE SWIMMING AND DIVING TEAM, Williamstown, MA.

Member of varsity diving team for three years; Co-captain, 1995-96.

MISS TEEN OF NEW YORK.

Was 2nd runner up in competition in 1992.

HOBBIES/INTERESTS

Music, Clarinet, Guitar, Singing, Skiing, Hiking, Camping, Knitting, Reading, Writing, Horses, Fly-Fishing, Cooking, Golfing and Gymnastics.